

ADRENALIN FOREST



ADRENALIN FOREST PARK RULES

By paying the fee you acknowledge that :

SAFETY

- Your safety on the course is your **individual responsibility**.
- You will attend a safety briefing and demonstrate that you have understood.
- You will be **attached at all times on the safety line** (red spotted cable only) by at least one karabiner.
- You understand that you will be in complete autonomy.
- Signs and instructions must be followed at all times.
- You understand that safety staff supervise from the ground and provide participants with advice when required.
- You will adopt a safe and responsible behaviour.
- Children have to be accompanied by an adult or guardian (at least on the ground).
- Good health and a good basic level of fitness are required.
- Any medical conditions have to be disclosed.
- People with medical conditions should seek medical advice before participating.
- You must disclose any special needs.
- It is forbidden to participate under the influence of drugs or alcohol.

Adrenalin Forest reserves the right to deny entry to anyone if they do not comply with these rules.

OPERATION

The park is "challenge by choice", you can go to the next pathway if you didn't have difficulties on the previous one.

You are allowed to do **EACH PATHWAY ONLY ONCE**.

When you have finished, please, bring your harness back to the office.

- 2 adults or 3 children maximum at a time on each platform.
- 1 adult or 2 children maximum on each challenge or cable wire.
- 1 person maximum at a time on each flying fox.
- Use your pulley only on flying foxes, NOT on other bridges.
- Appropriate clothes have to be worn.
- Long hair has to be tied up.

If you take your harness off, it has to be checked by staff when you put it back on.

TIME.

The maximum time on the course is 3.5 HOURS, starting from your booking time.

For children (between 1.30 and 1.45 meters tall) restricted on pathways 1 and 2, the maximum time is 1.15 hours.

Height restrictions.

1.45 meters tall is the minimum size to do the whole course.

1.30 meters tall is the minimum size to do pathway one and two only.

Due to weather conditions, Adrenalin Forest reserves the right to close or modify the park operations.