



0800 TO GO APE  
Adrenalin-forest.co.nz

Okowai road  
Wellington  
(04) 237 8553

105 Heyders Road, Spencerville  
Christchurch  
(03) 329 8717

RD3 Upper Pyes Pa Road  
Bay of Plenty  
(07) 929 8724

## Conditions of Entry

In entering the park you agree to :

- reading and signing the risk disclosure form
- reading and accepting the Conditions of Entry & Safety Rules
- attending a safety briefing
- be in a reasonably fit and healthy condition

There are just two, big rules:

1. Clipped in  
You must be clipped in to the safety line by at least one carabiner at all times. If you are not clipped in, you could fall and get seriously injured, perhaps fatally.
2. Consideration for others  
Please act responsibly and courteously at all times, so everyone has a good time.

### Please Understand That:

- 1) The activities in the park do involve risks and can result in **serious harm or death** if you do not follow the safety rules.
- 2) Our safety staff supervise from the ground. We provide participants with advice when required.
- 3) **Children under 16 year must be actively supervised by a parent or guardian (over 18).**  
*Active supervision means staying within eyesight of the participants and Adrenalin Forest safety staff.*
- 4) The activities are "challenge by choice". The pathways get higher and harder the further you go.
- 5) You must be physically and mentally able to manage your own safety and sustain a basic level of physical exertion and stress.
- 6) Our safety staff will remove participants from Adrenalin Forest for unsafe behaviour.

### Size Restrictions:

Pathways 1 and 2 - Minimum 1.30 metres  
Whole course - Minimum 1.45 metres

### Time allowed

You are allowed a maximum of 3 hours on the whole course.  
You are allowed a maximum of 1 hour on pathways 1 and 2  
You can do each pathway once.



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### Clothing:

You must be dressed appropriately for physical exercise in an outdoor environment. We recommend tightly fitting footwear which encloses the entire foot. Please tie your long hair back for safety reasons.

### Safety Equipment:

You must wear the safety equipment provided and fitted by Adrenalin Forest. Please do not adjust or take off your safety equipment. If you do so, it must be rechecked by Adrenalin Forest staff. You are not allowed to share any part of your safety equipment.

### Safety Briefing and Training:

- 1) You must attend the safety briefing before starting the course.
- 2) Parents/guardians supervising participants under 16 years must also attend the safety briefing.
- 3) You must satisfy our staff that you have understood all the safety procedures and are able to do the course safely.
- 4) Then you are ready to go.
- 5) Have fun and be safe.

### On the course

- o Only 2 adults at a time on a platform and 1 only on each activity.  
Only 3 children at a time on a platform and 2 on each activity.  
One at a time on each flying fox.
- o Do not deliberately jump on platforms, shake the wires, distract or endanger other participants in any way.
- o Do not leave a pathway before the end point without authorisation and assistance from an Adrenalin Forest staff member.

Due to weather conditions, Adrenalin Forest reserves the right to close or modify the park operations at any time.

*Thank you for your co-operation in making Adrenalin Forest a safe and enjoyable experience for everyone!*