## **CONDITIONS OF ENTRY**

Adrenalin Forest Auckland is shared with Franklin Archery Club please read and obey all signs and boundaries provided (archery in progress).

#### IN ENTERING THE PARK, YOU AGREE TO:

- Reading and signing the Risk Disclosure Form
- Reading and accepting the Conditions of Entry & Safety Rules
- Attending a safety briefing be in a reasonably fit and healthy condition

#### THERE ARE JUST TWO, BIG RULES:

- Clipped in You must be clipped in to the safety line by at least one safety device at all times. If you are not clipped in, you could fall and get seriously injured, perhaps fatally.
- Consideration for others Please act responsibly and courteously at all times, so everyone has a good time.

#### PLEASE UNDERSTAND THAT:

- The activities in the park do involve risks and can result in serious harm or death if you do not follow the safety rules.
- Our safety staff supervise from the ground. We provide participants with advice when required.
- Children under 16 years must be actively supervised by a parent or guardian over 18 years. The supervising adult is not required to participate, but is required to stay within eyesight of the participants and Adrenalin Forest safety staff.
- The activities are "challenge by choice". The pathways get higher and harder the further you go.
- 5. You must be physically and mentally able to manage your own safety and sustain a basic level of physical exertion and stress.
- Our safety staff will remove participants from Adrenalin Fores for unsafe behaviour.

#### **HEIGHT RESTRICTIONS:**

Minimum 1.40m - Full course

### TIME ALLOWED:

- You are allowed to do each pathway once
- You are allowed to do each pathway once

#### CLOTHING

You must be dressed appropriately for physical exercise in an outdoor environment. We recommend tight fitting footwear which encloses the entire foot. Please tie long hair back for safety reasons.

Use zip up pockets if you want to carry items on the course.

#### **SAFETY EQUIPMENT:**

- You must wear the safety equipment provided and fitted by Adrenalin Forest.
- Please do not adjust or take off your safety equipment. If you
  do so, it must be rechecked by Adrenalin Forest staff. You are
  not allowed to share any part of your safety equipment.

### SAFETY BRIEFING AND TRAINING:

- You must attend the safety briefing before starting the course.
- Parents/guardians supervising participants under 16 years must also attend the safety briefing, but are not required to participate on the course.
- You must satisfy our staff that you have understood all the safety procedures and are able to do the course safely.
- Then you are ready to go. Have fun and be safe.

#### ON THE COURSE

- Only 2 adults on a platform at a time and 1 only on each activity. 3 children on a platform at a time, and 2 only on each activity. ONLY 1 PERSON AT A TIME ON FLYING FOXES!!!
- Do not deliberately jump on platforms, shake the wires, distract or endanger other participants in any way.
- Do not leave a pathway before the end point without authorisation and assistance from an Adrenalin Forest staff member.
- Due to weather conditions, Adrenalin Forest reserves the right to close or modify the park operations at any time.

# **HOW TO FIND US**

The park is located south of Auckland city on Stone Road, Bombay, a 40 minute drive from Auckland CBD and 60 minutes from Hamilton.

From Auckland, follow SH1 to Ararimu Road in Ramarama. Take exit 466, turn left onto Ararimu Road (100m), right onto Hillview Road (3km alongside the motorway), then left onto Stone Road (200m), turn right into carpark.

From Hamilton, follow SH1 to Mill Road, take exit 471, turn right onto Mill Road (200m), at the roundabout, take the first exit onto Great South Road (1.8km), turn right at Bombay Road (350m), then left onto Portsmouth Road (700m), left onto Hillview Road (750m) and then right onto Stone Road (200m), turn right into carpark.



#### **AUCKLAND**

12 Stone Road Bombay

09 236 0485

## **BAY OF PLENTY**

TECT All Terrain Park Upper Pyes Pa Road

07 929 8724

## **WELLINGTON**

Okowai Road Porirua

04 237 8553

#### **CHRISTCHURCH**

105 Heyders Road Spencerville

03 329 8717



Call us today to book

0800 TO GO APE

WELLINGTON

CHRISTCHURCH

auckland@adrenalin-forest.co.nz

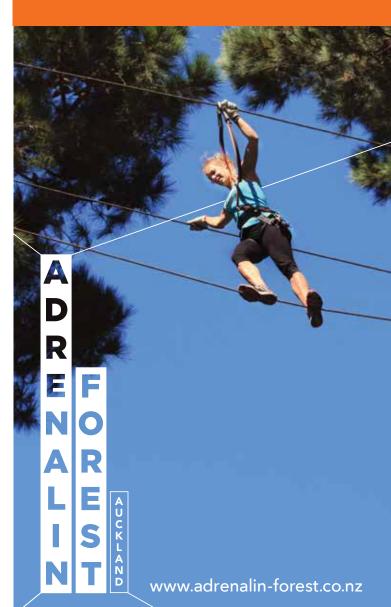
**AUCKLAND** 

**BAY OF PLENTY** 

www.adrenalin-forest.co.nz

# ADRENALIN FOREST

**AERIAL OBSTACLE COURSE** 



# **ADRENALIN FOREST**

Adrenalin Forest courses feature over 100 fun filled challenges across multiple levels. Each level is harder than the last, with obstacles starting at 1.5 metres above the ground that are suitable for a wide range of ages and fitness levels. To conquer the whole course and claim your bragging rights, you'll be climbing, jumping and swinging at least 30 metres up in the air.

But this isn't just a test of your physical skills - each obstacle can be conquered in different ways, so you'll be stretching your brain as well. You will be completing challenges such as the Indiana jump, barrels, wrecking balls, a commando flying fox, Tarzan jump and heaps of Flying Foxes!!!

# **WILL I BE SAFE?**

Enjoy climbing amongst the trees while having the peace of mind that your safety is taken care of. Our revolutionary Clic-iT system ensures a continuous connection to the safety line - this eliminates the risk of accidental removal of both safety devices while on the course.

# **HOW MANY LEVELS CAN I DO?**

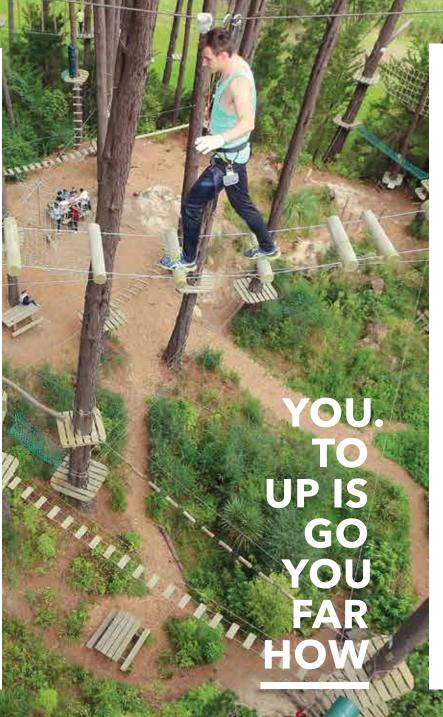
You can do as many levels as you can within 3 hours, from the start of your briefing. 3 hours is the maximum allowed time. Remember you can do each level only once.

# **HEIGHT RESTRICTIONS**

All levels minimum height 1.40 metres

# FRANKLIN ARCHERY CLUB

Adrenalin Forest Auckland is shared with Franklin Archery Club. Please read and obey all signs and boundaries provided.



# **PRICING**

Adults\$4	8
Students (with NZ approved Student ID)\$4	1
Children under 18 yrs, over 1.40m tall (all levels)\$3	2
GoPro HD camera hire (per session)\$1	6

Bring your own SD card or buy one onsite (micro SD class 4 or higher required)

## **HOURS OF OPERATION**

#### Summer

Beginning of the September school holidays to the end of the April school holidays

Monday - Saturday 10am-6pm (last entry 2.30pm) Closed Sunday (during school term)

#### Winter

End of April school holidays to the beginning of the September school holidays

Wednesday - Saturday 10am-5pm (last entry 2pm) Closed Sunday - Tuesday (during school term)

# School and Public Holidays

Open 7 days during school holidays and open every public holiday.

Opening hours may vary, please see our website for current hours of operation www.adrenalin-forest.co.nz/auckland-home

## Booking is compulsory

Please arrive 15 minutes before your start time.