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Christchurch
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Adrenalin Forest Conditions of Entry

In entering the park you agree to:

- Reading and signing the Risk Disclosure and Acknowledgement Form
- Reading and accepting these Conditions of Entry & Safety Rules
- Attending a Safety Briefing and Demonstration be in a reasonably fit and healthy condition
- The consideration for others Please act responsibly and courteously at all times, so everyone has a good time.

There are THREE Big Rules:

- 1. You must be clipped into the safety line by at least one safety device at all times, before you leave the ground and while on the courses. If you are not clipped in, you could fall and be seriously injured, perhaps fatally.
- 2. You must clip into the red safety cables only at the start of each activity
- 3. You must stay in control on Ziplines/Flying Foxes or you may not be allowed to go higher

Please Understand That:

- 1. The activities in the park do involve risks and can result in serious harm, death or injury if you do not follow the safety rules. Injuries that can occur but are not limited to are: dislocations, fractures, lacerations, bumps, bruises, cuts, chipped teeth, sprains, fatigue
- 2. There is a risk from natural events while undertaking these activities, events can include but are not limited to are: earthquakes, tsunamis, lighting, storms, high winds.
- 3. Our staff supervise from the ground. We provide participants with advice when required.
- 4. Children under 16 years must be actively supervised by a parent or guardian over 18. Active supervision means staying within eyesight of the participants and Adrenalin Forest staff.
- 5. The activities are "challenge by choice". The pathways get higher and harder the further you go.
- 6. You must be physically and mentally able to operate the safety equipment correctly, manage your own safety and sustain a basic level of physical exertion and stress.
- 7. Our staff will remove participants from Adrenalin Forest for unsafe behavior.

Height Restrictions:

Minimum height to climb is 1.40m - Whole course

Time Allowed:

- You are allowed a maximum of 3 hours on the whole course.
- You are allowed to do each pathway once.

Clothing:

You must be dressed appropriately for physical exercise in an outdoor environment. We recommend tightly fitting footwear which encloses the entire foot. Please tie your long hair back for safety reasons.

Safety Equipment:

You must wear the safety equipment provided and fitted by Adrenalin Forest. Please do not adjust or take off your safety equipment. If you do so, it must be rechecked by Adrenalin Forest staff. You are not allowed to share any part of your safety equipment.

Safety Briefing and Training:

- You must attend the Safety Briefing and Demonstration before starting the course.
- Parents/guardians supervising participants under 16 years must also attend the Safety Briefing and Demonstration.
- You must satisfy our staff that you have understood all the safety procedures and are capable of operating the safety equipment and climbing on the course safely.
- Then you are ready to go.
- Have fun and be safe.

On the course

- Only 3 people on a platform. Only 1 on each activity including flying foxes.
- Do not deliberately jump on platforms, shake the wires, distract or endanger other participants in any way.
- Do not leave or attempt to leave a course before the end point without authorisation and assistance from an Adrenalin Forest staff member.

Due to weather conditions, Adrenalin Forest reserves the right to close or modify the park operations at any time.

Thank you for your co-operation in making Adrenalin Forest a safe and enjoyable experience for everyone!